

Duke Fitness Club

Exercising Your Options

Updated as of 1/11/2024 - FOR MORE INFORMATION, GO TO: WWW.HR.DUKE.EDU/FITNESS

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| <p><u>Wilson and Brodie Recreation Centers</u></p> <p>Location: Wilson, West Campus and Brodie, East Campus Phone: 919-684-5696 and 919-613-7538</p> <p><u>Membership Rate</u> (Includes access to both facilities) <i>Individual \$27.50 /month **</i> <i>Note: This rate will increase by \$1.00 per year</i> <i>** Only individual memberships are only available through the DFC.</i></p> | <p><u>WELLBEATS</u></p> <p><i>Online Streaming Fitness Classes</i></p> <p>Unlimited use at your convenience \$5.00/month</p> |
| <p><u>Fuel Fitness</u></p> <p>Location: Durham Phone: 919-544-9000</p> <p><u>Membership Rates</u> <i>Single \$31.00/month</i> <i>Couple \$53.00/month</i> <i>Family \$75.00/month</i> AMP All Access \$99.00/month or \$149 for Couple</p> | <p><u>Millennium Sports Club</u></p> <p>Location: Durham Phone: 919-384-1992</p> <p><u>Membership Rates</u> <i>Single \$36.00/month</i> <i>Couple \$69.00/month</i> <i>Family:\$102/month</i></p> |
| <p><u>Duke Health and Fitness Center</u></p> <p>Locations: Durham Phone: 919-660-6660</p> <p><u>Membership Rates:</u> <i>Duke Employee/Retiree:</i> <i>Clinical \$64/month or Standard \$54/month</i> <i>Family Rates*:</i> <i>Family Rate for Members: Clinical \$59/month or Standard \$54/month</i> <i>Family Rate for Non-Members: Clinical \$74/month or Standard \$64/month</i></p> <p>\$100 initiation fee for one new member, \$150 initiation fee for two new members, \$200 initiation fee for 3+ new members</p> | <p><u>Jewish for Good at the Levin JCC</u></p> <p>Location: Durham Phone: 919-354-4936</p> <p><u>Membership Rates</u> <i>Individual \$63.00/month</i> <i>Couple \$96.00/month</i> <i>Family \$117.00/month</i> <i>Single Parent, One dependent \$77.00/month</i> <i>Single Parent, Two or more dependents \$82.00/month</i> <i>Senior individual (70+ yrs.) \$52.00/month</i> <i>Senior Couple \$77.00/month</i> <i>Young Adult (14-28 yrs.) \$42.00/month</i> <i>Young Adult Couple (14-28 yrs.) \$72.00/month</i></p> |
| <p><u>Bodyworx Aerobic and Fitness Center</u></p> <p>Location: Oxford Phone: 919-693-6826</p> <p><u>Membership Rates</u> <i>Individual \$28.00/month</i></p> | <p><u>HealthTrax Fitness</u></p> <p>Location: Raleigh Phone: 919-847-2393</p> <p><u>Membership Rates</u> <i>*All memberships include a \$49.00 enrollment fee.</i> <i>Individual \$39.00/month</i> <i>Couple \$59.00/month</i> <i>Family \$69.00/month</i></p> |
| <p><u>Total Fitness</u></p> <p>Location: Roxboro Phone: 336-599-5033</p> <p><u>Membership Rates</u> <i>Single \$28.00/month</i> <i>Couple \$53.00/month</i> <i>Family \$78.00/month</i></p> | |

Orange County SportsPlex

Location: Hillsborough **Phone:** 919-644-0339

Membership Rates

*All month to month memberships include a \$50.00 enrollment fee

*Enrollment fee waived by paying 12 months in advance

Platinum Membership

Single \$49.89/month **\$598.68**

Parent/Dependent Child \$55.49/month **\$665.88**

Parent/Second Dependent Child \$58.99/month **\$707.88**

Couple \$58.99/month **\$707.88**

Family \$70.89/month **\$850.68**

**Platinum Membership includes Fitness, Cardio Center,
Group*

*Exercise Classes, Water Aerobics, Aquatics Center and Public
Skate.*

Gold Membership

Single \$37.99/month **\$455.88**

Parent/Dependent Child \$44.99/month **\$539.88**

Parent/Second Dependent Child \$51.99/month
\$623.88

Couple \$51.99/month **\$623.88**

Family \$58.99/month **\$707.88**

Senior Single \$30.99/month **\$371.88**

Senior Couple \$40.99/month **\$491.88**

O2 Fitness

Locations: O2 Fitness Brier Creek(Raleigh), O2 Fitness Burlington(Burlington),
O2 Fitness Chapel Hill North Chatham(Chapel Hill)

O2 Fitness Carrboro Downtown(Carrboro), O2 Fitness Holly Springs(Holly springs)

O2 Fitness North Ridge(Raleigh), O2 Fitness Park Place(Morrisville)

O2 Fitness Raleigh Seaboard Station(Raleigh)

O2 Fitness University Hill(Durham), O2 Fitness Winston Salem (coming 2024)

(included but not listed: High Point, Greensboro & Wilmington NC, and all SC locations)

Membership Rates

*Kid's Club is for age 6 months to 11 years, included at no charge.

Members are anyone ages 12 and up accessing the facility.

Anyone with a member under age 12 must select a membership which includes Kid's Club

Enrollment Fee- \$25.00

1 Member - \$53.00

2 Members - \$83.00

3 Members - \$103.00

4 Members - \$123.00

5 Members - \$143.00

6 Members - \$163.00

7 Members - \$183.00

1 Member with Kid's Club* - \$53.00

2 Members with Kid's Club* - \$83.00

3 Members with Kid's Club* - \$103.00

4 Members with Kid's Club* - \$123.00

5 Members with Kid's Club* - \$143.00

6 Members with Kid's Club* - \$163.00

7 Members with Kid's Club - \$183.00

YMCA of the Triangle

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| <p>*Durham Branch (Downtown Durham**, Hope Valley Farms, American Tobacco, Lakewood) **Downtown Durham closing in 2023</p> <p>1 Young Adult (ages 18 to 28): \$52.07 1 Young Adult w/dep: \$66.37 2 Young Adults: \$104.13 2 Yng. Adults w/dep: \$115.77 1 Adult (ages 29 to 64): \$59.31 1 Adult w/dep: \$73.63 2 Adults: \$118.61 2 Adults w/dep: \$130.25 3 Adults: \$172.59 3 Adults w/dep: \$179.39 Senior (ages 65 and up): \$52.49 1 Senior w/dep: \$66.07 2 Seniors: \$104.97 2 Seniors w/dep: \$116.61</p> | <p>**Raleigh Branch (Taylor Family, Kerr, A.E. Finley, Kraft, Northwest Cary, Knightdale)</p> <p>1 Young Adult (ages 18 to 28): \$47.37 1 Young Adult w/dep: \$71.69 2 Young Adults: \$94.73 2 Yng. Adults w/dep: \$118.08 1 Adult (ages 29 to 64): \$57.27 1 Adult w/dep: \$81.60 2 Adults: \$114.55 2 Adults w/dep: \$137.89 3 Adults: \$165.38 3 Adults w/dep: \$185.01 Senior (ages 65 and up): \$51.41 1 Senior w/dep: \$74.52 2 Seniors: \$102.84 2 Seniors w/dep: \$126.19</p> | <p>**Alexander & Poyner (Downtown Raleigh)</p> <p>1 Young Adult (ages 18 to 28): \$52.41 1 Young Adult w/dep: \$66.71 2 Young Adults: \$104.83 2 Young Adult w/dep: \$116.47 1 Adult (ages 29 to 64): \$59.70 1 Adult w/dep: \$74.00 2 Adults: \$119.40 2 Adults w/dep: \$131.04 3 Adults: \$172.59 3 Adults w/dep: \$179.39 Senior (ages 65 and up): \$52.84 1 Senior w/dep: \$66.42 2 Seniors: \$105.67 2 Seniors w/dep: \$117.31</p> |
| <p>Chapel Hill</p> <p>1 Young Adult (ages 18 to 28): \$47.37 1 Young Adult w/dep: \$71.69 2 Young Adult: \$94.73 2 Young Adult w/dep: \$118.08 1 Adult (ages 29 to 64): \$57.27 1 Adult w/dep: \$81.60 2 Adults: \$114.55 2 Adults w/dep: \$137.89 3 Adults: \$165.38 3 Adults w/dep: \$185.01 Senior (ages 65 and up): \$51.41 1 Senior w/dep: \$74.52 2 Seniors: \$102.84 2 Seniors w/dep: \$126.19</p> | <p>*Poole Family</p> <p>1 Young Adult (ages 18 to 28): \$43.39 1 Young Adult w/dep: \$65.53 2 Young Adults: \$86.78 2 Yng. Adults w/dep: \$108.03 1 Adult (ages 29 to 64): \$52.26 1 Adult w/dep: \$74.40 2 Adults: \$104.53 2 Adults w/dep: \$122.42 3 Adults: \$150.90 3 Adults w/dep: \$171.09 1 Senior (ages 65 and up): \$47.04 1 Senior w/dep: \$68.07 2 Seniors: \$94.07 2 Seniors w/dep: \$112.30</p> | <p>*Ingram Family (Lee County)</p> <p>1 Young Adult (ages 18 to 28): \$41.76 1 Young Adult w/dep: \$51.07 2 Young Adults: \$83.53 2 Young Adults w/dep: \$88.91 1 Adult (ages 29 to 64): \$50.32 1 Adult w/dep: \$59.62 2 Adults: \$100.64 2 Adults w/dep: \$106.01 3 Adults: \$139.81 3 Adults w/dep: \$145.18 Senior (ages 65 and up): \$45.28 1 Senior w/dep: \$54.12 2 Seniors: \$90.55 2 Seniors w/dep: \$95.92</p> |
| <p>Southeast Raleigh YMCA</p> <p>1 Young Adult (ages 18-28): \$41.76 1 Young Adult w/dep: \$63.90 2 Young Adults: \$83.53 2 Young Adults w/dep: \$104.79 1 Adult (ages 29 to 64): \$50.32 1 Adult w/dep: \$72.45 2 Adults: \$100.64 2 Adults w/dep: \$121.89 3 Adults: \$139.81 3 Adults w/dep: \$164.41 1 Senior (ages 65+): \$45.28 1 Senior w/dep: \$66.58 2 Seniors: \$90.55 2 Seniors w/dep: \$111.80</p> | <p>East Raleigh YMCA</p> <p>1 Young Adult (ages 18-28): \$44.81 1 Young Adult w/dep: \$68.99 2 Young Adults: \$89.62 2 Yng. Adults w/dep: \$112.84 1 Adult (ages 29-64): \$53.99 1 Adult w/dep: \$78.17 2 Adults: \$107.98 2 Adults w/dep: \$125.46 3 Adults: \$155.89 3 Adults w/dep: \$168.78 1 Senior (ages 65+): \$48.60 1 Senior w/dep: \$71.57 2 Seniors: \$97.19 2 Seniors w/dep: \$120.40</p> | |

YMCA of the Triangle

Locations: Apex, Cary, Garner, Durham, Knightdale, Raleigh, Sanford, Wake Forest, Chapel Hill, Chatham County

Various locations: www.ymcatriangle.org

Membership Policies and Regulations

Dependents may include children, foster children, grandchildren and other children under the age of 23 for whom the adult is guardian. Senior members must be 65 years and above.

*For Ingram Family, SE Raleigh and Durham Branch YMCAs, nursery care is included for children under 5 years old.

**Please note that the Downtown Durham YMCA is closing in 2023; exact date is TBD

| Membership Types | *Durham YMCAs | **Raleigh Knightdale YMCAs | **Alexander & Poyner YMCA | Southeast Raleigh YMCA | Chapel Hill YMCA | Poole Family YMCA | *Ingram Family YMCA | East Triangle YMCA |
|-----------------------------|---------------|----------------------------|---------------------------|------------------------|------------------|-------------------|---------------------|--------------------|
| Young Adult (Ages 14-28) | \$52.07 | \$47.37 | \$52.41 | \$41.76 | \$47.37 | \$43.39 | \$41.76 | \$44.81 |
| Young Adult/Dependents | \$66.37 | \$71.69 | \$66.71 | \$63.90 | \$71.69 | \$65.53 | \$51.07 | \$68.99 |
| 2 Young Adults | \$104.13 | \$94.73 | \$104.83 | \$83.53 | \$94.73 | \$86.78 | \$83.53 | \$89.62 |
| 2 Young Adults & Dependents | \$115.77 | \$118.08 | \$116.47 | \$104.79 | \$118.08 | \$108.03 | \$88.91 | \$112.84 |
| Adult (Ages 29-64) | \$59.31 | \$57.27 | \$59.70 | \$50.32 | \$57.27 | \$52.26 | \$50.32 | \$53.99 |
| 1 Adult & Dependents | \$73.63 | \$81.60 | \$74.00 | \$72.45 | \$81.60 | \$74.40 | \$59.62 | \$78.17 |
| 2 Adults | \$118.61 | \$114.55 | \$119.40 | \$100.64 | \$114.55 | \$104.53 | \$100.64 | \$107.98 |
| 2 Adults & Dependents | \$130.25 | \$137.89 | \$131.04 | \$121.89 | \$137.89 | \$122.42 | \$106.01 | \$125.46 |
| 3 Adults | \$172.59 | \$165.38 | \$172.59 | \$139.81 | \$165.38 | \$150.90 | \$139.81 | \$155.89 |
| 3 Adults & Dependents | \$179.39 | \$185.01 | \$179.39 | \$164.41 | \$185.01 | \$171.09 | \$145.18 | \$168.78 |
| Senior (Age 65 and up) | \$52.49 | \$51.41 | \$52.84 | \$45.28 | \$51.41 | \$47.04 | \$45.28 | \$48.60 |
| Senior/Dependents | \$66.07 | \$74.52 | \$66.42 | \$66.58 | \$74.52 | \$68.07 | \$54.12 | \$71.57 |
| 2 Seniors | \$104.97 | \$102.84 | \$105.67 | \$90.55 | \$102.84 | \$94.07 | \$90.55 | \$97.19 |
| 2 Seniors/Dependents | \$116.61 | \$126.19 | \$117.31 | \$111.80 | \$126.19 | \$112.30 | \$95.92 | \$120.40 |